# Rhythm & Balance

the elements of design

"It's through mistakes that you actually can grow. You have to get bad in order to get good."

- Paula Scher

- Fundamental human condition
  - -walking
  - riding a bike
- We seek balance in all things

Visual balance occurs when the weight of one or more things is distributed evenly or proportionately in space.

- Catalyst for form
  - -anchors
  - -activates elements
- It is the distribution of visual weight in a work of art

How does it do this?

- Proportion
- Placement
- Contrast
- Positive/Negative
- Weight
- Size/scale
- Color
- Shape

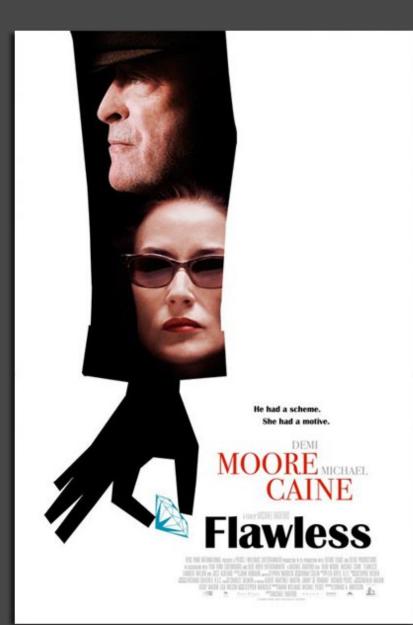
# Types of Balance

Symmetrical Balance is an even placement of visual weight in the design.



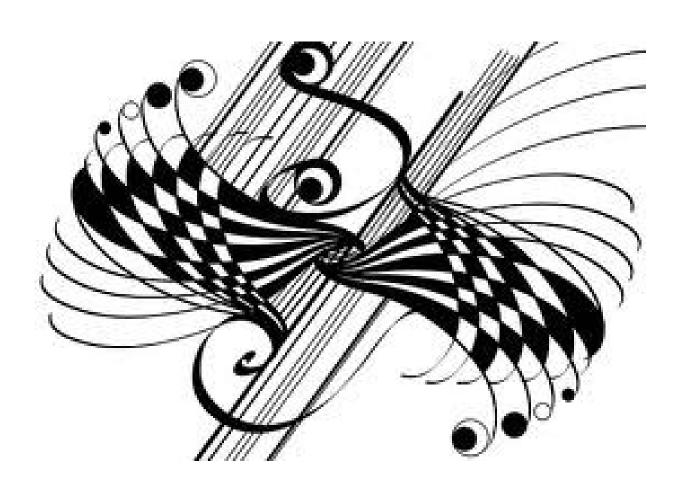
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Asymmetrical Balance creates uneven spaces, a sense of imbalance making tension and a dynamic suggestion of visual movement. Asymmetrical balance refers to a psychological or "felt" balance. Space and shape don't need to be evenly dispersed on the page



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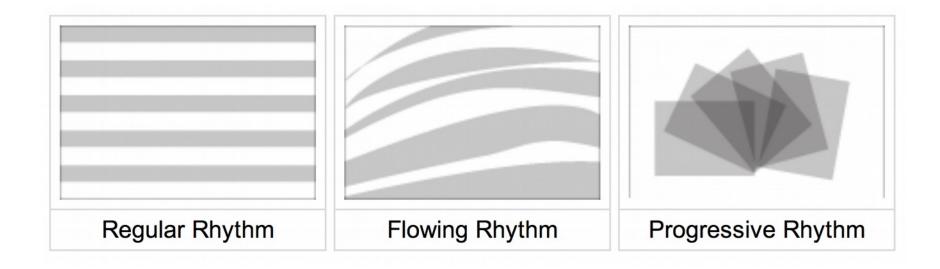
Radial Symmetry relates to images emitting from a point like spokes on a wheel or ripples from a pebble tossed into a pond.



# Rhythm

- Rhythm is the repetition or alternation of elements, often with defined intervals between them.
- Rhythm can create a sense of movement, and can establish pattern and texture.
- There are many different kinds of rhythm, often defined by the feeling something evokes when viewed.

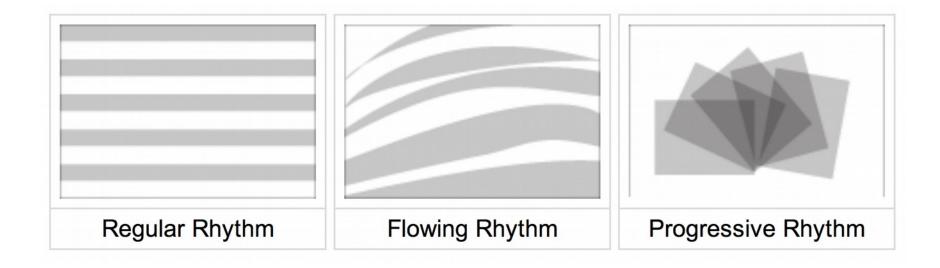
# Types of Rhythm



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- Regular: A regular rhythm occurs when the intervals between the elements, and often the elements themselves, are similar in size or length
- Flowing: A flowing rhythm gives a sense of movement, and is often more organic in nature
- Progressive: A progressive rhythm shows a sequence of forms through a progression of steps

# Types of Rhythm



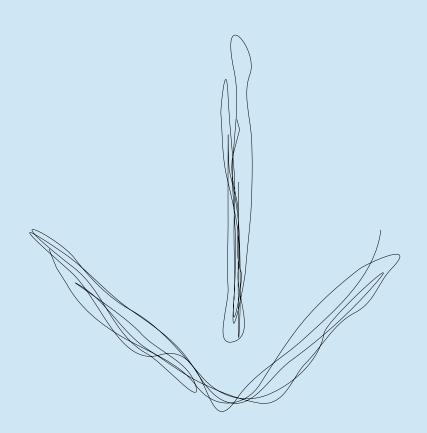
# Achieving Rhythm

- Repeating a series of elements that progressively increase or decrease in size and spacing
- Alternating dark and heavy with light and thin elements
- Repeating similar shapes or elements throughout the layout
- Presenting consistent elements in the same position of every page throughout

# Balance and Rhythm

 Work together to give pleasing visual with hints of amazement

## Real World Samples.





### CREATIVE SERVICES

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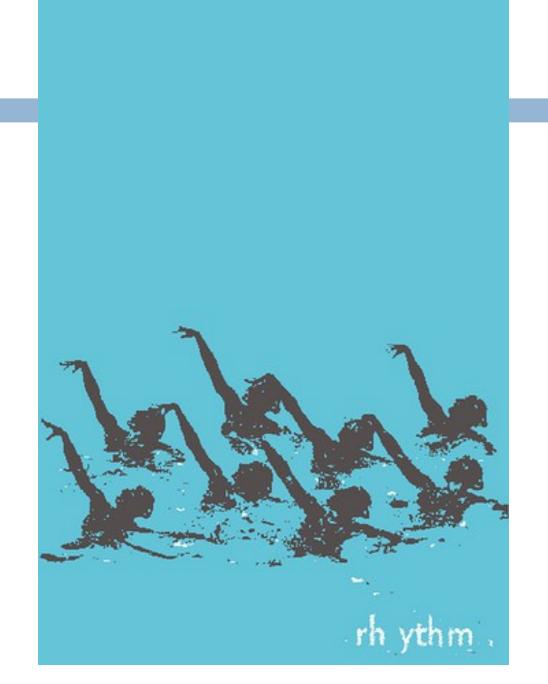


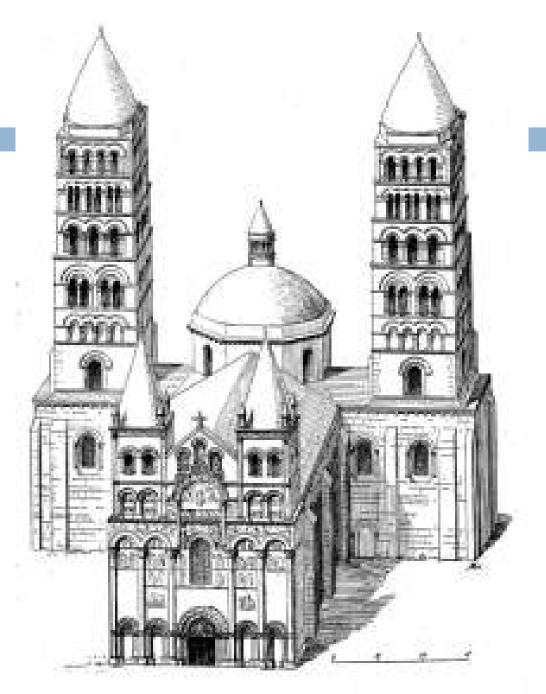
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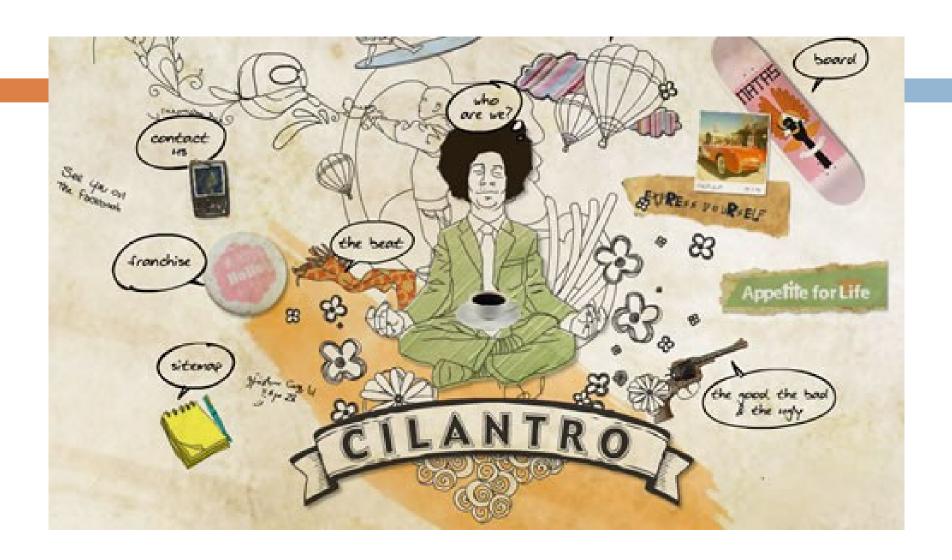


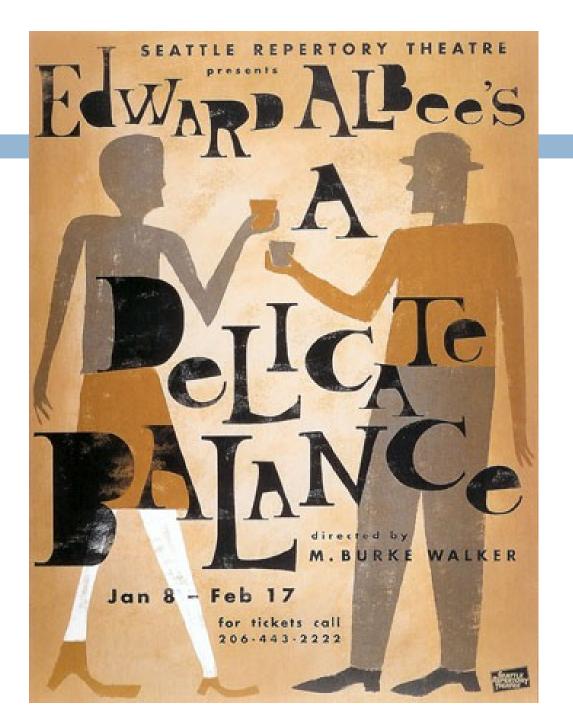


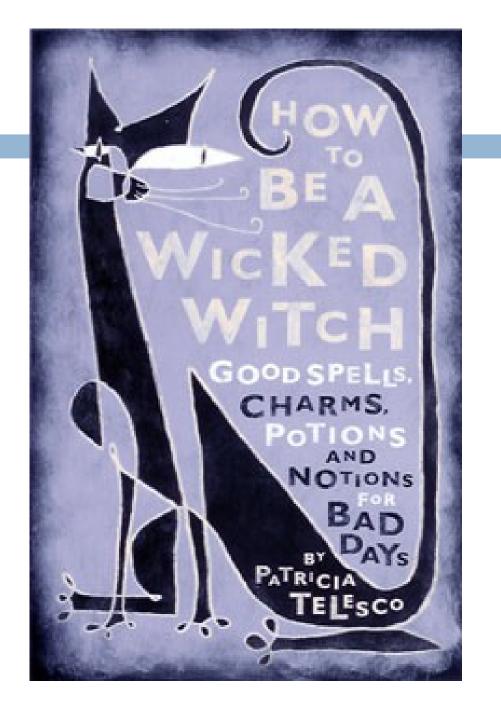


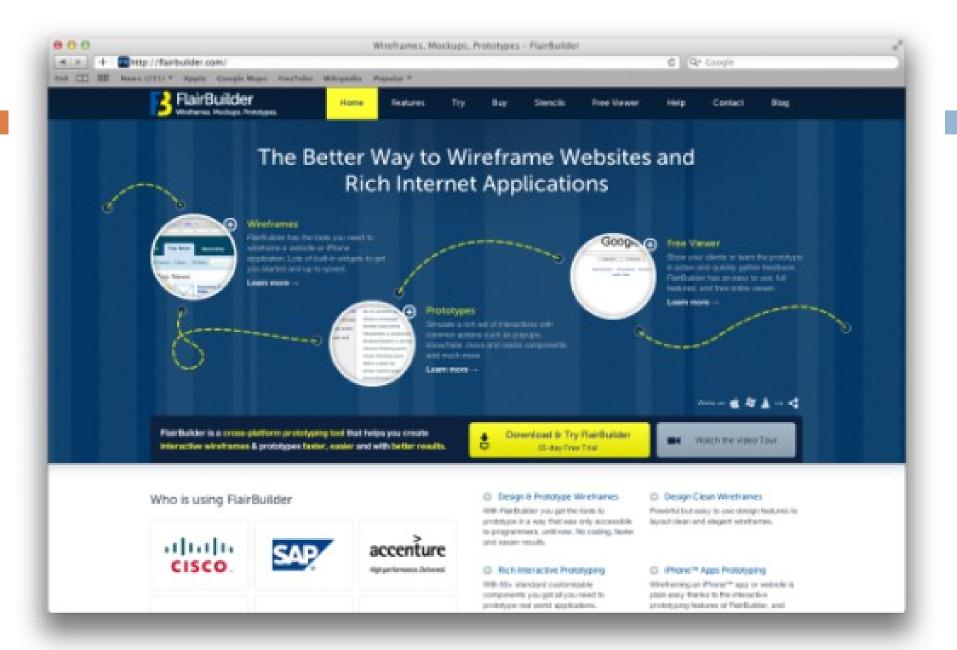
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